



Welcome to Star of the Sea Parish

12th Sunday in Ordinary Time — June 21, 2026

PARISH OFFICE:

2250 - 150th Street
Surrey, BC V4A 9J3
604-531-5739

OPEN: Monday - Friday
8:30am - 4:30pm
(closed Noon-1pm)

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parish@starofthesea.ca

Website:
starofthesea.ca

FOR AFTER HOURS

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604-541-8036

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*[But] Are not two sparrows sold for a penny?
And not one of them will fall to the ground without your Father's will.
But even the hairs of your head are all numbered.
Fear not, therefore; you are of more value than many sparrows.*

Matthew 10: 29-31



OUR PARISH MISSION STATEMENT:

To follow Jesus Christ and to invite others to do the same.

GOOD SHEPHERD CHURCH
2250 - 150th Street, Surrey, BC V4A 9J3

Weekday Mass
Monday to Saturday 9AM
First Friday 6:30PM
Benediction and Adoration
follows First Friday Masses

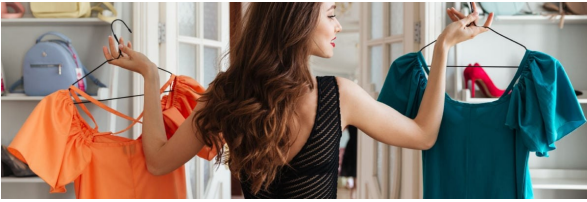
Weekend Mass
Saturday 5PM
Sunday 9AM 11AM 7PM



 **LIVESTREAM Mass 11AM**
[@SOSParish](https://www.youtube.com/@SOSParish)

Weekly Confessions at Good Shepherd
Wednesdays 6:30PM
Saturdays 10AM

STAR OF THE SEA CHURCH
1153 Fir Street, White Rock, BC V4B 4A8
Weekend Mass
Saturday 4PM
Sunday 10:30AM



Modesty and Summer Masses

article from Catholic Answers Magazine

www.catholic.com/magazine/online-edition/casual-sundays

Yep, it's summertime again. The sun is out full blast, air-conditioners are working overtime, and we wear less clothing. Off go the closed-toe shoes and sweaters, on go the sandals; flip-flops, shorts, tank tops, and breezy little dresses. It's all good. After all, when the temperatures rise, keeping cool and maintaining that relaxed, laid-back feeling of summer is what it's all about. I'll even bet that most of us have at least one pair of flip-flops and some shorts in our closets right now. I know I do.

But do you wear them to Sunday Mass? Sadly, many Catholics do. Here in San Diego we enjoy beautiful weather year-round, so seeing super-casual attire at Mass is all too common. But summertime is worse—and it's not just the out-of-towners who show up at Mass looking as though they're ready for the beach. It's parishioners, too.

Communion during the summer can look like a waiting line at Disneyland or a ballgame: a parade of backless dresses, tube-tops, shorts, low-cut tops, strapless tops and dresses, tight skirts and jeggings, miniskirts and flip-flops. And it's not just women who should check their dress... it's the men too: torn T-shirts, saggy jeans, tank tops, ball caps, flip-flops and shorts.

As a kid, I remember going to church during the summer, when the temperatures were pushing ninety, and I never saw one person at church wearing anything close to beach attire. Church was for wearing your Sunday best. Even on the hottest of Sundays, my mom and my sister and I would wear nice summery dresses; no matter what the temperature, my dad would wear his suit and wingtips. Wearing shorts to church was unheard of. No air-conditioning in the church, either. We got through it. Honestly, when it's blistering hot, no matter how much you take off, it's still blistering hot. Wearing appropriate lightweight clothing will keep you just as cool as a tank top and shorts. That's why the "it's too hot to wear anything but shorts to church" excuse falls flat.

Immodest dress at Mass is not a comfort problem, but a spiritual problem, rooted in an over-sexed culture whose fashion influences have been trickling down into our parishes for decades. The mentality

that "it's nobody's business what I wear for Mass—God knows my heart" reflects a lack of humility and a poor understanding of what's actually happening at Mass. It also shows a lack of respect for others, disregarding how our immodest dress can become an occasion of sin for the opposite sex.

Church is "a house of prayer in which the Eucharist is celebrated and reserved, where the faithful assemble, and where is worshiped the presence of the Son of God our Savior, offered for us on the sacrificial altar for the help and consolation of the faithful" (CCC 1181).

Church is not a place where temptation and sin should abound, where sexual distractions should be permitted to compete with our Lord who is present in the sacrament of the altar. When we pray the Lord's Prayer at Mass, we say, "And lead us not into temptation, but deliver us from evil." So why are we allowing carnal temptations to be openly present at Mass? Why are we giving the Evil One permission to prowl throughout our sacred places, seeking the ruin of innocent souls?

Immodest dress appeals to the flesh, which, St. Thomas Aquinas says,

tempts man by enticing him away from good. For the spirit on its part would delight always in spiritual things, but the flesh asserting itself puts obstacles in the way of the spirit.

Over the years I've had my share of uncomfortable pew experiences where I've had to sit behind or next to people with no sense of decency when it comes to attire. On one occasion I sat behind a family whose "physically mature" teenage daughter was wearing a crop top and pants so tight I wondered how she moved. From the looks she got when going up to Communion, clearly I wasn't the only one who noticed. Both her parents appeared oblivious to the attention she was receiving.

The Church doesn't bind us to dressing a certain way for Mass, but it certainly sends us plenty of

article continued on next page...

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reminders about the value and importance of dressing appropriately for Mass:

We should also come to the sacred liturgy appropriately dressed. As Christians we should dress in a modest manner, wearing clothes that reflect our reverence for God and that manifest our respect for the dignity of the liturgy and for one another (*On Preparing to Receive Christ Worthily in the Eucharist*).

[Our] bodily demeanor (gestures, clothing) ought to convey the respect, solemnity, and joy of this moment when Christ becomes our guest (CCC 1387).

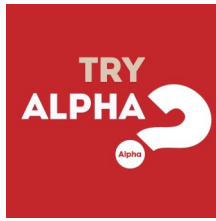
Our fear of addressing the modesty issue during Mass is often fueled by things we've heard repeated over the years, such as "we don't want anyone to feel judged, or unwelcome in our worship space" or "if we say anything about dress they might stop going to Mass." Concerning the latter comment, if people are looking for an excuse to miss church, they will find something.

I don't believe that "modesty custodians" of the type found at some churches in Rome should be stationed at the door of every Catholic church, turning people away if they don't comply with the parish dress code. Nor do I believe that women should come to church dressed as if they came right off the set of *Little House on the Prairie*, or that men should wear tuxedos to Mass on Sunday. **We just need to use common sense when we dress for church.** That's it. For warm summer days, perhaps business casual might be a good place to start.

[The] faithful of the present time, and indeed today more than ever, must use the means which have always been recommended by the Church for living a chaste life. These means are: discipline of the senses and the mind, watchfulness and prudence in avoiding occasions of sin, the observance of modesty

(*Persona Humana*).

www.catholic.com/magazine/online-edition/casual-sundays



Alpha is a welcoming space to explore life, faith, and meaning through conversation, community, and honest discussion. Each session includes food, a short video, and open discussion in a relaxed environment.

Perfect for anyone curious about Christianity, returning to faith, or wanting to invite a friend.

Starting **Saturday, June 20 10:30am**
Good Shepherd Church Meeting Room

Register at: <https://holyjourney.ca/alpha/>
or contact: nasrink@starofthesea.ca

Teen Helpers Needed!!

Our Alpha program is looking for 2–3 responsible teenagers to assist with childminding during Saturday sessions at Good Shepherd.

Time: Saturdays, 10:30 AM–12:30 PM

If you enjoy spending time with children and would like to be part of supporting families in our parish, please contact Nasrin at nasrink@starofthesea.ca



DISCOVERY

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GROWTH

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COMMISSION

Join us for **Catholic Christian Outreach (CCO) faith studies** focused on Scripture, discipleship, prayer, and living the Gospel in everyday life.

Open to adults at all stages of faith who desire to grow deeper in their relationship with Jesus, become more confident in sharing their faith, and respond more fully to God's call to go forth and make disciples.

Whether you are seeking renewal, deeper formation, or a stronger sense of mission in your faith journey, all are welcome.

Starting **Monday, June 22 6:30pm** Good Shepherd Church Meeting Room. Register at: <https://holyjourney.ca/alpha/>
or contact: nasrink@starofthesea.ca

SUMMER Vacation Bible Camps

Keep children engaged this summer with two exciting themed weeks of faithful lessons, interactive activities & fun games.

Monday to Friday, 9AM–1PM
at Good Shepherd Church

Blaze into some Wild West Fun as
'outlaws' for God from July 6-10



Travel into space for a Cosmic Quest
while discovering God's Great Universe
from July 13-17



These camps support children's faith formation by capturing their attention & focus through fascinating bible stories, and getting them involved with interactive games in a safe & fun environment.

Register now by completing the form and submitting to the parish office by July 2nd. Forms are located on the PREP bulletin board in the foyer of Good Shepherd Church and also from the parish office.

Please pray for:

John McMillan, Joseph Russell,
Mary Miekelson, Norman Landry,
Inge Nasato, Michael Askin,
Anthony & Joyce Jongedijk,
Pascal Del Guercio, Elsie Hoday,
Jean-Guy Tardif, Josh Pereira,
Lola Kennedy, Rollin Theabeau,
Maria Passerelli, Clare Marshall,
Nancy Murchinson, Julia Nadon,
Diane Val.Camp, Desrey Lennon,
Ray Weber, Amber O'Connor,
Baby Natalie Hohmann,
Ken Wharton, Jose Coelho,
Paulie Tomé, Norah Jode,
Aurelio Ralar Jr., Melissa Kisielius,
Sr. Glenys, Therese Desrochers,
Bill Rivard, Ewald Stammer,
Donna Usselman, David Usselman,
Rory Usselman, Manal Ibrahim,
Monika Kessler, Dolores Alvarado,
Wade Carpenter, Marie Hosseini,
Corrie van den Boogaard,
Nicole Larouche, Odette Slezas,
Maria Seo, Anita Perrault,
Elizabeth Armas, Lynn Carruth,
Ed Wingenbach, Shirley Riehl,
Vanessa York, Glenn Brooks,
Ann Conte, John Becher,
Christine Algard, Margaret Benoit,
Lorne & Cathy Houldson,
Jack Plain, Marian Nadelko,
Carmina Raponi, Marilyn Wolfe

*Please pray for the
Repose of the Souls*

of: Katarina Mehl
Constante Garcia



**Congratulations to
those recently
Baptised:**

Lily Olivia Holmes
Eila Marie Kanno



**St. Thérèse
Widows Group**

Our last meeting before
the summer break will be
Monday June 22, Good Shepherd
Church after the 9am Mass.

For more info, contact:
Marlene Johnston 604 538 5899
Mimi Bower 604 535 6288

**GYM NITE FOR
DADS & KIDS (5yrs +)**



Fridays 6:45-8:00PM
Star of the Sea School
Gym. **Last Gym night before the
Summer months will be June 26.**
Gym nights will resume on
Friday, September 11.

YOUNG ADULTS

Ages 19—35

FRIDAYS | 7PM @ GOOD SHEPHERD

Come meet other Young Adults

We get together to learn about our
faith and grow closer
to our Lord Jesus Christ
through different activities.
Contact: Andy 778-873-2970

SCAM EMAILS!



If you receive an EMAIL
or TEXT purporting to be
from 'Rev. Augustine Obiwumma'
asking you to contact him or for a
special favour, **DO NOT REPLY**
and **DELETE IMMEDIATELY**. If in
doubt, please contact the parish
office 604-531-5739 or speak
with Fr. Augustine directly.



Pro-Life Mass

The Archdiocese of Vancouver
hosts monthly Pro-Life Masses to
pray for the sanctity of human life
on the first Saturday of each
month. For July, the Pro-Life Mass
will be at:

Good Shepherd Church
Saturday, July 4, 9AM
with light reception to follow.

Everyone is welcome.



**For ALL PARISH
YOUTH
(Grade 6 and up)**

SUNDAY, JULY 5th
Starts at 5PM
at Good Shepherd Church

The PS 98 Youth Encounter is a time
of praise and worship,
sharing reflections on God's word
to build a community of young
people. Come meet other youth in
the parish and enjoy pizza 🍕
together!

Legion of Mary



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parish meets every **Thursday** at
4:30PM in Good Shepherd
Church Fireside Room

For more info. contact: Candy
Arcega arcega@yahoo.com

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