



PARISH OFFICE:

2250 – 150th Street, Surrey, BC V4A 9J3

Phone: 604-531-5739

Email: parish@starofthesea.ca

Website: starofthesea.ca

OPEN: Monday – Friday
8:30am– 4:30pm (closed over
lunch hour Noon-1pm)

FOR AFTER HOURS EMERGENCIES:

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2250 - 150th Street, Surrey, BC V4A 9J3

Weekday Mass

Monday—Saturday 9AM

EVERY FRIDAY during Lent 6:30PM

followed by STATIONS OF THE CROSS

Weekend Mass

Saturday 5PM

Sunday 9AM 11AM 7PM



LIVESTREAM Mass 11AM

Confessions

Wednesday 6:30PM

Saturday 10AM

STAR OF THE SEA CHURCH

1153 Fir Street, White Rock, BC V4B 4A8

Weekend Mass

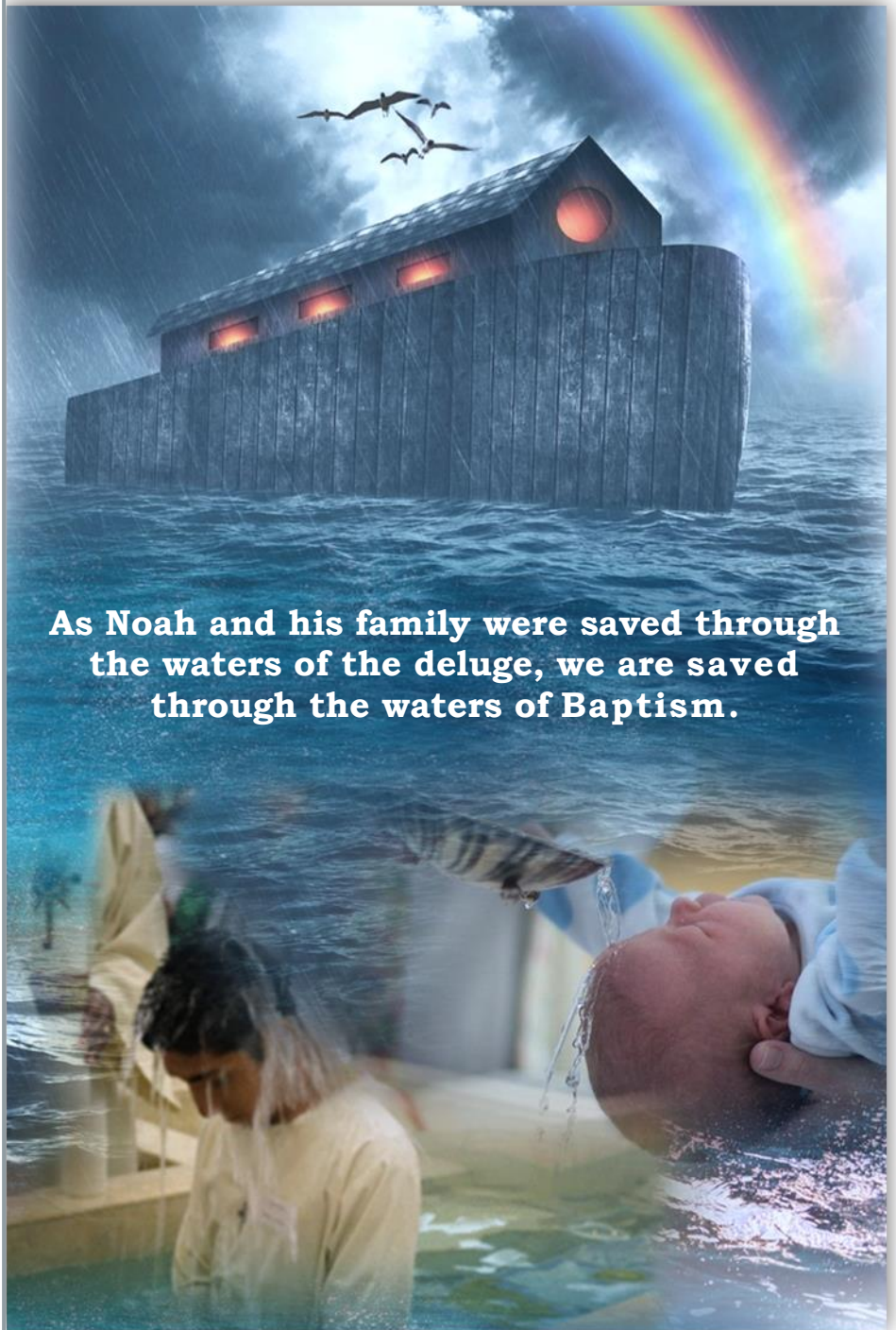
Saturday 4PM

Sunday 10:30AM

STAR OF THE SEA PARISH

Welcome

First Sunday of LENT—February 18, 2024



**As Noah and his family were saved through
the waters of the deluge, we are saved
through the waters of Baptism.**

MISSION STATEMENT:

***To follow Jesus Christ and to
invite others to do the same.***

PARISH STAFF:

PASTOR:

Fr. Augustine Obiwumma
(ext. 223)

aobiwumma@rcav.org

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Trudi Stammer (ext. 222)

stammertrudi7@gmail.com

FACILITIES MANAGER:

Tom Cremer (ext. 274)

tomec@starofthesea.ca

Dear Parishioners,

First Sunday of LENT — February 18, 2024

Ash Wednesday marks the beginning of our Lenten journey. Last Wednesday, we were marked with ashes and heard the word: *"Remember, you are dust and to dust you will return."* This traditional rite of distributing ashes reminds us of the transitional nature of our earthly life: everything passes and is destined to die. We must never forget our true and final destination: HEAVEN. By dying on the cross, Jesus opened the way for every human being.

The entire Ash Wednesday liturgy helps us to focus on the fundamental truths and spurs us to undertake a resolute journey of personal renewal. We must change our way to thinking and acting, set our gaze firmly on the face of Jesus crucified and make his Gospel our daily rule of life. ***"Turn away from sin and be faithful to the Gospel"***: Let this be our Lenten program, as we enter an atmosphere of prayerful listening to the Holy Spirit.

A BRIEF HISTORY OF LENT

In the first three centuries of Christianity, preparation for the feast usually covered a period of one or two days, perhaps a week at the most. St. Irenaeus, bishop of Lyons (ca AD140-203) even speaks of a forty-hour preparation for Easter. The first known reference to Lent as a period of forty days' preparation occurs in the teaching of the First Council of Nicaea in AD323. By the end of the fourth century, a Lenten period of forty days was established and accepted by the Universal Church.

In its early development, Lent quickly became associated with the Sacrament of Baptism, since Easter was the great baptismal feast. Those who were preparing to be baptized participated in the season of Lent, and eventually, those who were already baptized joined the baptismal candidates in their preparation for Easter, by renewing their own baptismal vows. The customs and practice of Lent, as we know then soon took hold.

WHAT SHOULD YOU FAST FROM THIS LENT? In the words of Pope Francis:

- Fast from hurting words and say kind words
- Fast from sadness, negativity and be filled with gratitude
- Fast from anger and be filled with patience
- Fast from pessimism and be filled with hope
- Fast from worries and have trust in God
- Fast from complaints: contemplate simplicity
- Fast from pressures and be prayerful
- Fast from bitterness: fill your heart with joy
- Fast from selfishness and be compassionate
- Fast from grudges and be reconciled
- Fast from words: be silent and listen
- Fast from inaction, and use your time and talent to serve God in our parish!

* * * * *

Every Friday during Lent, there is **6:30pm Mass** at Good Shepherd Church, then stay and pray the **Stations of the Cross**, led by:

February 23 – KNIGHTS OF COLUMBUS

March 1 - TBA

March 8 - CWL

March 15 – LEGION OF MARY

March 22 - TRUE LIFE PRAYER GROUP



Fr. Augustine



This Sunday's Mass Readings:

Reading 1: [Genesis 9:8–15](#)

Psalm: [Psalm 25:4–9](#)

Reading 2: [1 Peter 3:18–22](#)

Gospel: [Mark 1:12–15](#)

Adapted from Scott Hahn's Reflection on the First Sunday of Lent

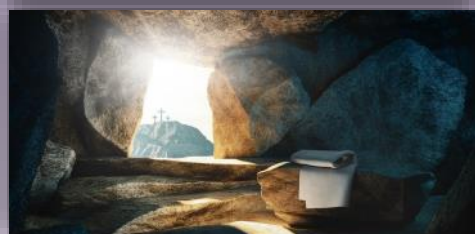
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Lent bids us to return to the innocence our baptism. As Noah and his family were saved through the waters of the deluge, we were saved through the waters of Baptism, Peter reminds us in today's Epistle:

"For Christ also died for sins once for all, the righteous for the unrighteous, that he might bring us to God... [just as] God's patience waited in the days of Noah, during the building of the ark, in which a few were saved through water, [so] Baptism now saves you, not as a removal of dirt from the body but as an appeal to God for a clear conscience, through the resurrection of Jesus Christ..." (1 Peter 3: 18-22)

God's covenant with Noah in today's First Reading marked the start of a new world. But it also prefigured **a new and greater covenant between God and His creation**.

We see that new covenant and that new creation begin in today's Gospel—Mark the Evangelist tells us that immediately after his Baptism, Jesus is led by the Spirit into the wilderness, where for 40 days he is tempted by Satan..*"and he was with the wild beasts; and the angels ministered to him"* (Mark 1: 13).



The first world that God makes in Genesis 1-5 is destroyed by the flood in Genesis 6 and 7, but God's not giving up on his creation! His covenant with Noah is a sign of the renewal of creation; and that's what Christ is ultimately going to accomplish through the Paschal Mystery of His Death and His Resurrection that we're beginning to journey toward on this first week of Lent. We are heading to Easter, which is to be the ultimate restoration of creation, cleansing the world of sin, and then bringing about the resurrection of the dead, and the everlasting covenant between Christ and the Church.

Jesus is portrayed as the new Adam—the beloved son of God, living in harmony with the wild beasts, being served by angels.

Like Adam, He too is tempted by the devil. But while Adam fell, giving reign to sin and death, **Jesus is victorious.**

This is the Good News, the **"gospel of God"** (Mark 1: 15) that He proclaims. **Through His death, resurrection, and enthronement at the right hand of the Father, the world is once again made God's kingdom.**

In the waters of Baptism, each of us entered the kingdom of His beloved Son. We were made children of God—new creations.

But like Jesus, and Israel before Him, we have passed through the baptismal waters only to be driven into the wilderness—a world filled with afflictions and tests of our faithfulness.

But, we are led on this journey by Jesus. He is the Savior! He feeds us with the bread of angels, and cleanses our consciences in the Sacrament of Reconciliation.

As we begin this holy season of Lent, let us renew our baptismal vows—**to repent and believe the gospel!**

Women's Retreat

*Created, Redeemed and
Called by Love*



But now, thus says the LORD, who created you, Jacob, and formed you, Israel: Do not fear, for I have redeemed you; I have called you by name: you are mine.

Isaiah 43:1

Fri, March 1

6:30 Mass

ending at 8:30pm

Sat, March 2

9AM Mass

ending at 4:00pm

at **Good Shepherd Church**

**ONLINE Registration: Please email or
call the parish office**

604-531-5739 parish@starofthesea.ca

to have the registration this link and retreat
schedule emailed to you

<https://forms.gle/aDfzeq9ybMpoWXCN8>

Retreat Speakers:



Sister John Mary Sullivan

*Franciscan Sister of the
Eucharist*



Sister Maria Serra Garcia

*Franciscan Sister of the
Eucharist*

No Cost, but registration is required.

Register Online at: <https://forms.gle/aDfzeq9ybMpoWXCN8>

Men's Retreat

Saturday, March 16

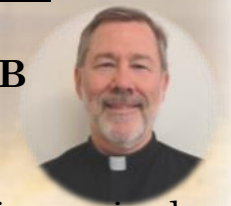
10:00AM—4:00PM

at Star of the Sea Church and Hall
15262 Pacific Ave, White Rock

LIAR? LUNATIC? LORD!
WHO IS JESUS CHRIST
FOR ME AS A MAN
IN THE 21ST CENTURY

Retreat Speaker:

Fr. Mark Gazin, CSB



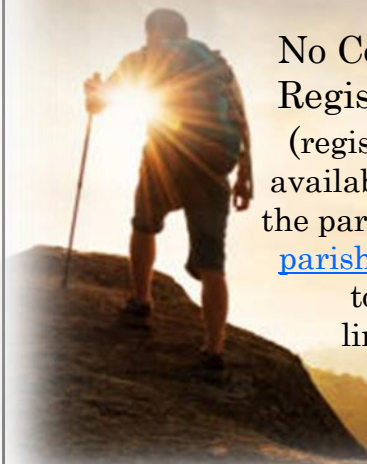
No Cost.

Registration is required.

(registration link will be
available soon—call or email
the parish office 604-531-5739

parish@starofthesea.ca

to have the registration
link emailed to you.)





Congratulations to those recently Baptised:

Jaxson Roy Lahn

Ezedial Khalil

Wyatt Christopher Mills

Alonso Sebastian Guingab

Please pray for

Theresa Desrochers,
Margaret Benoit, Maria Lee,
Givon Santos, Rose Cruz,
Byrne Turner, Claude Vézina,
Bernie Karoway, Murray Carpenter,
Patrick Hamilton, Marilyn Wolfe,
Jason Eddleman, Delia Antunovich,
Julia Nadon, Ken Prout,
Mercedes Sandoval, Judy Nault,
Maria Kasprzyk, Jola Melone,
Brian Hickey, Jack Plain,
Danilo Sonido, Anne Law,
Otto Witteveen, Charles Lefaive,
Anna Schott, Peter Kingsland,
Fern McCann, Nancy Murchison,
Karine Tardif, Stephanie Wideski,
Angus Heaps, Bob Keith,
Edward Drabik, Rob McLellan,
Glenn Brooks, Carmina Raponi,
Susie Bencherif, Marci Nunez,
Adria Tate, Wolf Mashohn,
Amelia Solomon, Lydia McGrann,
Guilherme & Isaura da Ponte,
Theresa Kim, Manal Ibrahim,
Dirk Post, Marian Nadelko,
Maureen McLaren

Please pray for the Repose of the Soul of:

Marie Coil



Extra-Ordinary Ministers of Holy Communion are those

parishioners who have the privilege of serving, distributing and administering the Body and Blood of Jesus Christ alongside the priest celebrant at Mass. These Eucharistic Ministers are called not only to minister the Body and Blood of Christ, but to have and maintain a strong faith, a sense of awe, and an inclusiveness of others as the foundation for this ministry. Eucharistic Ministers may also be asked to bring Holy Communion to people within the parish community who are sick and/or homebound.

YOU ARE INVITED to consider this privileged ministry at a workshop:

Saturday, Mar 9th, 10AM-Noon
Good Shepherd Church
Meeting Room.

For more information or to register email:
emhc@starofthesea.ca



CWL "COFFEE CONNECT"

Join us for coffee this
Wednesday, Feb 21 in the
Fireside Room after the 9AM
Mass at Good Shepherd Church.

KNIGHTS OF COLUMBUS grocery cards from

Safeway/Thrifty's or Save
-on-Foods, are available
after Mass next weekend, Feb 24
& 25 or any time from the
Parish Office.



HOME BAKERS needed
for our Parish Soup Kitchen. If
you can help, please call or
email Carolyn at 778 277 2533
cawharton@shaw.ca

INTERDENOMINATIONAL LENTEN LUNCH



**THURSDAYS
12:00pm - 1:00pm
By Donation**

Feb 29 Mt. Olive Lutheran
2350 148 Street, Surrey

Mar 7 St. Mark's Anglican
12953 20 Ave, Surrey

**Mar 14 Star of the Sea Catholic
15262 Pacific Ave, WRock**

Mar 21 St. John's Presbyterian
1480 George St, WRock

Everyone is welcome—Lunch is
by donation, with proceeds going
to charities.

Come have a look at the
**religious olive wood
carvings** on display at
Good Shepherd Church
weekend of **March 2 & 3.**



These articles are hand crafted by
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Christians feel pressured to leave
their homeland for economic and
political reasons.



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Don't delay your visit to Jesus in the Most Holy Eucharist! There are so many graces available to those who make frequent visits to Jesus in the Blessed Sacrament. Fruits of Eucharistic Adoration include: greater peace of soul, clarity of mind, strength to overcome temptation, strength to overcome trials in your life. God gives consolation to those who come before Him humbly in the Most Holy Eucharist.

Hours in need of a weekly adorer:

Sunday, 12:00pm-1:00pm

Monday, 12:00pm-1:00pm

Monday, 5:00pm-6:00pm

Tuesday, 3:00pm-4:00pm

Wednesday, 5:00pm-6:00pm

Thursday, 12:00pm-1:00pm

Friday, 11:00am-12:00pm

Friday, 3:00pm-4:00pm

Saturday, 2:00pm-3:00pm

Saturday, 3:00pm-4:00pm

Saturday, 4:00pm-5:00pm

Hours in need of a Substitute:

Fri., Feb. 23, Mar. 1, 8

– 11:00-12:00pm

Fri., Mar. 1, 8, 15

– 12:00-1:00pm

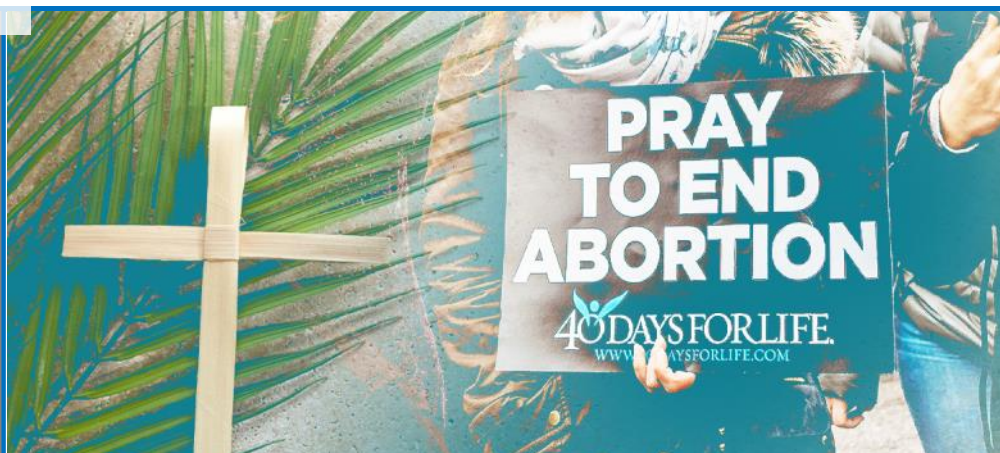
Fri., Mar. 8, 29 – 3:00-4:00pm

Sat., Mar. 2, 9, 16 – 2:00-3:00pm

Sat., Mar. 2, 9, 16 – 3:00-4:00pm

Sat., Mar. 2, 9, 16 – 4:00-5:00pm

For more information or to schedule a weekly visit with Jesus please call:
Donna Sali 604 542 3070



Wednesday, Feb 14, 2024 - Sunday, Mar 24, 2024

40 DAYS FOR LIFE LENTEN CAMPAIGN is an international focused pro-life campaign with a vision to access God's power through prayer, fasting, and peaceful vigil to end abortion.

STAND FIRM FOR LIFE at the Vancouver Vigil site located at: BC Women's Hospital- 4800 Willow Street at 32nd Avenue (the place to stand and pray is ON WILLOW STREET at 32ND AVENUE, NEAR THE FIRE HYDRANT, IN FRONT OF ST. JOSEPH'S RESIDENCE) On-site vigil hours are 7AM-8PM daily.

Contact the parish office 604-531-5739 to access SIGNS you can use at the Vigil Site.

This Lenten campaign includes a **nightly rosary** at **8PM** on **ZOOM**:

<https://us06web.zoom.us/j/87604507223?pwd=OcyVsHg7jeCgQOB7Pq4n8jUZHmsZsa.1>

Meeting ID: 876 0450 7223

Passcode: 243024



Our Parish is **in need of a coordinator** with a special heart for the **PROLIFE** cause. Please prayerfully consider that **YOU** might be the one called !



MARK YOUR CALENDARS:
2024 March for Life Victoria
will be on **Thursday, May 9th.**

Join the march to send an unmistakable statement to our province that life is worth living!

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